

## Irons Counseling and Supervision

### Telehealth Conferencing Informed Consent

Due to the COVID19 situation we are setting up telehealth conferencing.

As we engage in telehealth, your therapist is taking every precaution to ensure that your information is protected; however, please be aware of the following limitations and expectations of electronic psychotherapy treatment. The platform we use is HIPPA compliant, but note the following:

1. Any internet-based communication is **NOT** always guaranteed to be secure/confidential.
2. There may be a possibility that the connection may be dropped or compromised which may result starting over or connecting by phone.
3. There are precautions that you as the client must take to increase security including:
  - a. While online, ensure that you are in a private room/area with the door closed and use some type of sound-blocking device.
  - b. Be sure your platform is closed out after session.
4. Make the same commitment to the online session as you would for an in-office appointment.
  - a. Be prompt
  - b. Limit distractions – silence cell phones, avoid split screens
  - c. Check the audio/visual in the preferences each time to ensure microphone and video are working.
5. Your therapist will take your payment information through a secure system.

I have read the telehealth conferencing Therapy Contract. I understand and agree to comply with the policies as they are described and release Irons Counseling and Supervision from any liability, re: confidentiality that may be compromised via electronic format.

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Client Name (Print)

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Signature

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Date

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Client Name (Print)

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Signature

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Date

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Therapist Name (Print)

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Signature

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Date